



Mr Alastair Windsor MBBS, MD, FRCS, FRCS(Ed) FRCS (Glas)

Consultant Colorectal Surgeon

GMC: 3191945

Professional Summary

Having completed his training at St Mary's Hospital in London, he spent three years in research at the Medical College of Virginia, USA. He returned as Lecturer, and then Senior Lecturer and Honorary Consultant Surgeon to the Academic Surgical Unit at St James' University Hospital in Leeds. Research and clinical interest in sepsis and nutrition provided an opportunity to join the consultant staff at the world famous St Mark's Hospital in London as colorectal surgeon and surgeon to the intestinal failure unit. Having built a significant national and international reputation at St Mark's, as one of the leading colorectal surgeons in the UK, he was then headhunted to join and develop the colorectal unit at University College London Hospitals part of the world-renowned University College London University. Mr Windsor has now retired from NHS practice but maintains a very busy private practice out of The London Digestive Centre and The Princess Grace Hospital. Both facilities offering the finest medical care available in London. He prides himself on applying all of the expertise in surgical management and clinical pathways that he has developed over the years in the NHS to his private practice. He offers a bespoke and individualized approach to care with the same team approach as the NHS. He operates with a senior consultant colleague and they both provide 24-hour cover for the practice 365 days a year. There is no additional fees charged for this team approach just a reassurance to his patients that they will enjoy the finest and safest care that he can provide.

Specialist Areas of Expertise

FISSURE HAEMORRHOIDS PROLAPSE INFLAMMATORY BOWEL DISEASE COLORECTAL CANCER
PROCTOLOGY FISTULA STOMACH PAIN INCONTINENCE AND CONSTIPATION ABDOMINAL WALL
HERNIAS IRRITABLE BOWEL SYNDROME MINIMAL ACCESS SURGERY BLEEDING FROM THE BOTTOM
ITCHING OR SORENESS AROUND THE BOTTOM

Professional Education and Qualifications

2009 - FRCS (Glasgow)
1995 - MD (London)
1991 - FRCS (London)
1990 - FRCS (Edinburgh)
1986 - MB BS (St Mary's Hospital, London)

Professional Employment



Present: Consultant Surgeon, HCA Healthcare UK

August 2005 – August 2019: Consultant Surgeon, University College Hospital

August 1986 - February 1987: House Surgeon, St Mary's Hospital, London.

February 1987 - August 1987: House Physician, City General, Stoke On Trent.

August 1987 - February 1988: Senior House Officer A&E, St Mary's Hospital, London.

February 1988 - August 1988: Anatomy Demonstrator, St Mary's Hospital Medical School, London.

August 1988 – August 1991: Senior House Officer, St Margaret's Hospital Epping, Essex.

August 1991 - October 1993: Research Fellow, Medical College of Virginia, Richmond, Virginia, USA.

November 1993 - June 1995: Registrar In Surgery, St James University Hospital, Tutor In Surgery, Faculty of Medicine, University of Leeds.

MEMBERSHIP OF LEARNED SOCIETIES

British Society of Gastroenterology

British Hernia Society (Board Member)

European Hernia Society

Honorary Member Chilean Society of Surgeons

Honorary Member Society of Coloproctology of Chile